

Student Body Mass Index Data Collection

In accordance with Act 161, the Vermont Department of Health may report height/weight data on a county-wide basis for students in grades K-6. In order to do, the school must: 1) determine the body mass index of all students, 2) compile the information on an Excel spreadsheet and forward it to: Peggy Brozicevic, Research and Statistics Chief, Vermont Department of Health, 108 Cherry Street, Burlington, VT 05402 or e-mail pbrozic@vdh.state.vt.us

A brief description of how to determine a student's body mass index and how to set up an Excel spreadsheet to document the data follows:

1. For information on how to calculate BMI using the pediatric growth charts, visit the Centers for Disease Control Web site:
<http://www.cdc.gov/nccdphp/cnpha/growthcharts/training/modules/index.htm>
2. Create an Excel spreadsheet with your school's name and the following variables: Grade: Gender: Date of Birth, Age in Years and Months when measured, Height, Weight, Body Mass Index and Town of Residence. Please do not use the individual child's name on this spreadsheet.